



Thursday 20th June 2019

Dear Room 8 Parents/Caregivers

RE: Keeping Ourselves Safe and Kia Kaha Programmes

During the final two weeks of this term and perhaps into the beginning of Term Three, Room 8 will be participating in the first few modules of the Keeping Ourselves Safe and Kia Kaha programmes.

Keeping Ourselves Safe [KOS] consists of a comprehensive range of child protection resources to help students learn and apply a range of safety skills that they can use when interacting with others.

The modules we will look at are:

Focus area 1: Keeping one step ahead

Students learn to take care of themselves in a range of social settings. They learn what the dangers are, who could get hurt and what they can do to keep themselves safe.

Focus area 2: I'm responsible for others, too

Students learn to be responsible for the safety of others by means of scenarios involving the care of siblings and a dependent grandparent, and a peer's need for support when being bullied.

The Kia Kaha programme helps students to learn about the impact of bullying, a range of personal skills to prevent bullying, and what they can do if they have been or are being affected by bullying behaviour.

Our community constable, Maire Froud, will meet with me next week and I am hoping she will be available to come in to the class to work with the students during the delivery of the programme.

If you have any questions about the programmes please contact me.

Kind regards,

Amanda O'Brien

Room 8 Class Teacher