

Room 6 Gear List for Living Springs 2021

Substantial Cut lunch for the first day

Water Bottle

Plastic Bag for lunch

Day Pack

Pencil Case

Playing Cards, small games

Chapter Book for recreational reading

Sunhat

Torch

Camera (optional)

Sleeping bag

Underclothing for 3 days

Towel

Swimming Towel and togs

Track pants

Shorts

Woollen Jersey or polar fleece

Long sleeved top

Short sleeved T-Shirts x 3

P.J's

Waterproof jacket with hood

Socks x 3 pair

Sports shoes with good grip

2nd pair of casual shoes

Jandals / Sandals

Suntan lotion

Toiletries - *Toothpaste, toothbrush, facecloth, soap, shampoo.*

2 x plastic bags for laundry

Insect repellent

Sunglasses

Pillow and blanket

Bottom single sheet - can be fitted

NO CELL PHONES

