

8 June 2021



SOUTH CANTERBURY PRIMARY SCHOOLS' SPORTS ASSOCIATION

Cross Country 2021 Friday 18 June Waihi School

Your child has been selected to compete in the South Canterbury Primary Schools' Cross Country on Friday 18 June 2021. The information on the event is below. Please complete this [form](#) by Tuesday 15 June 2021.

DATE Friday 18 June 2021.

VENUE Waihi School, State Highway One, Winchester.

OFFICIALS Each school/sub association is required to provide the name of one person who will be an official in a variety of roles (marshall, starter, results etc) on the day.

PARKING Parking areas will be sign posted within the school grounds. Please enter the grounds off Harrison Road. (Left off State Highway One before the school).

ASSEMBLY Be ready at the assembly point, in front of the library, at 10.45am for the briefing.

START Race One will start at 11.00am, with ensuing races starting at the approximate times below, depending on finish times.

RACES	11.00	Race One	Year 5 girls	Approx 2.5km
	11.15	Race Two	Year 5 boys	Approx 2.5km
	11.30	Race Three	Year 6 girls	Approx 2.5km
	11.45	Race Four	Year 6 boys	Approx 2.5km
	12.00	Race Five	Year 7 girls	Approx 4km
	12.20	Race Six	Year 7 boys	Approx 4km
	12.40	Race Seven	Year 8 girls	Approx 4km
	1.00	Race Eight	Year 8 boys	Approx 4km

COURSE	It will be well marked and marshalled. It is mainly flat with some small rises, two stream crossings and hurdles of hay bales. The course is muddy in sections and part of the course runs along a dry river bed with stones underfoot.
FAMILIARISATION	It is strongly recommended that competitors are walked around the course prior to the event. Please ensure you provide enough time to do so. You will need appropriate footwear to walk the course as your feet will get wet and then change to running footwear and come prepared with a change of clothes
FITNESS	This is a championship event and only those students who have been suitably prepared and have a high level of fitness should be competing. Course marshalls will be empowered to withdraw any runner from the race that is showing obvious signs of distress.
CLOTHING	As there are limited facilities available, competitors should arrive early, ready to run and have warm and waterproof clothing for before and after their race. Their feet will get wet so a change of footwear is advisable. Suitable footwear and clothing is essential.
DRINKS/FOOD	There will be a sausage sizzle, coffee cart, and drinks available to purchase.
TOILET FACILITIES	These will be available close to the access area for the event.
SUPERVISION	Individual schools will be responsible for the supervision of their competitors, before and after their races. The Managers should ensure children's behaviour is of a high standard so that everyone can enjoy the day.
SPECTATORS	Spectators and competitors not racing must stay well away from the start and finish area. There are good viewing areas around the course that are not in the way of the competitors or officials.
TEAM CARDS	<i>Managers please ensure you collect these from the convenor on the day.</i> All finishers in each race will be given a place ticket. Managers will enter the names and places of the first three finishers and total the results for their team on a coloured card. The card will then be handed to the race recorder immediately after each event.
CERTIFICATES	Individuals who are placed 1st to 3rd, and teams which are placed 1st to 3rd, will receive SCPSSA Certificates. These will be presented on the day, weather permitting.
INTER REGIONAL	Individuals who are placed in the first 20 of their event will be invited to attend the Training Squad for the Inter Regional Cross Country which will be held in Wellington in September. Information will be given to competitors at the completion of their race